**Welcome to HRMS Dance!**

My name is Mrs. (Jessica) Cadby and I am looking forward to dancing with you this year! I hope you are excited and ready to dance. Below is important information about the class that will help you achieve success. If you have any questions or concerns, please let me know. I hope you have a great year!

**Class Objective**

The goal of this class is for each student to develop and/or deepen their understanding, appreciation and passion for dance. We will focus on modern dance technique while working to improve your physical strength, flexibility, musicality and performance qualities. Be prepared to move daily!! This means you will need to be dressed properly, focused and willing to participate fully in all activities with a positive attitude. A typical dance technique class consists of warm-up exercises, across the floor progressions and combinations. We will discuss anatomy and injury prevention as well as dance history. There will also be strong focus on composition. We will explore various choreography tools and move through the choreography process as you explore your creative side and personal movement style. You will be given multiple opportunities to develop your own movement and share that movement with your classmates. For those in Dance I and Dance II, you will be expected to participate in the evening dance concert near the end of the semester. This is a major portion of your grade so please make certain you have the date marked on your calendar.

**Student Expectations**

* **All** students should dress out every day in proper dance attire. (Dance/yoga pants, leggings, T-shirts, tanks, leotards, footless tights are acceptable) Please secure hair properly and refrain from wearing large jewelry or necklaces. No jewelry is allowed during performances.
* **No** unauthorized cell phone use in class at any time. Put it away before you enter the space for warm-ups. Failure to put away cell phone when asked by teacher will result in removal from class by an administrator.
* **Any** student unable to participate due to sickness or injury should have a doctor’s note.
* **No** student should wear excessively short shorts, jeggings or jeans. These are unacceptable.
* **No** student should chew gum, eat candy, or food, and have drinks (other than water) in the auditorium.
* **All** students should use the restroom **PRIOR** to entering the auditorium for class. Once you have entered the auditorium, you will need a hall pass to leave class. Leaving the classroom without teacher permission for any reason will result in discipline action.
* **All** students should stay off mirrors and curtains.
* **No** student should ever run around the auditorium (unless instructed) or engage in horseplay.
* **All** students should keep their hands, feet and all other body parts off of other people.
* **All** students should practice good hygiene at all times.
* **No** student should spray an enormous amount of perfume or body spray in the auditorium or dressing rooms.
* **All** students should always try their best and participate fully in all assigned activities.
* **All** students should wait for teacher permission or bell to dismiss at end of class.
* **Regular attendance** is important and especially vital during times of concert preparation. It is expected for all students to be present and prepared for class each day.

Expectations and class procedures may be altered at any time by the teacher. The above expectations should be followed by every student each day.

**Dance Concerts and Performance Fee**

**A dance concert is held at the end of each semester for Dance I and II classes. The dance concerts showcase what the students learn in dance class throughout the semester. A large portion of class time will be spent preparing the students for the performances. Every student in the class is included in the performance and every student plays an important role in the success of each concert.**

**ALL DANCE I and II STUDENTS ARE REQUIRED TO PERFORM IN THE DANCE CONCERT HELD AT THE END OF EACH SEMESTER. THE WINTER DANCE CONCERT WILL BE JANUARY 16, 2018. Participation in the concert is a portion of your final grade.**

**All Dance I and II students will be required to pay a $20 performance fee. This fee will be used to purchase, clean and store dance costumes as well as purchase any other items necessary for the dance concerts.**

**Introduction to Dance students will participate in an informal choreography showcase at the end of the semester. The showcase will take place during regular class time. Parents, friends and family are invited to attend.**

**Class Discipline**

**For minor offenses: (Examples- Non-compliance, disrespect, skipping, unauthorized cell phone use, excessive profanity, etc.)**

* **Consequence 1-** Student will meet with teacher and receive a warning.
* **Consequence 2-** Student will meet with teacher and parent will be notified.
* **Consequence 3-** Student will be referred to administrator.

**Major offenses will result in immediate referral to administrator.**

**Class Materials**

* Proper dress out clothes
* Notebook (with pockets for handouts) or folder (You may leave in classroom)
* Notebook paper
* Pen or pencil

**Attendance/Make-up Policy**

Attendance and daily participation are large portions of your grade. You will receive a weekly grade based on your daily participation, effort and completion of assigned activities. You have the possibility to **earn** 20 points daily. If you are absent, it is your responsibility to find out what you missed and turn in any necessary assignments. You will be deducted 20 points from your *weekly* grade in case of absence. In order to earn those points back, make-up work must be completed. If you miss a technique class, you must write a short summary (at least 2 paragraphs) on a dance related article of your choice. The summary must be completed and turned in with either a copy of the article or website in which the article can be accessed no later than 3 days after your absence. If you miss any group work when absent you must “catch-up” on what you missed when you return. Being absent from group work rehearsals is not an excuse not to do the assignment.

**Class Observation**

If you are unable to participate in class due to illness or injury, you must provide a note. I expect a doctor’s note for any injury that prevents you from participating fully for a prolonged period of time. You must also complete a written assignment when you are unable to physically participate. My expectation is that if you are present at school, you must participate in class.

**Grading**

* Technique Development/Classwork: 40%
* Choreography Activities: 30%
* Performance/ Projects: 30%

\*Students will have opportunity to re-take any test or quiz in order to improve grade at **student’s request.**

**Tardy Policy**

**BE ON TIME EVERYDAY! If you are late to class, you must have a note! Frequent tardies will result in discipline referral. Any student more than 5 minutes tardy without a note will be considered skipping and given an administrative referral.**

**Special Needs or Requests**

Please inform me of any special physical conditions or injuries. If you need additional help with anything, please let me know. You may email me at [jcadby@wcpss.net](mailto:jcadby@wcpss.net) with any questions, comments or concerns. If we need to meet face to face let me know and we will try to schedule a time to meet.

I look forward to dancing with you this year! ☺

Mrs. Cadby

**Dance Class Period: \_\_\_\_\_\_\_\_\_**

**Student Contact Information**

**\*Please complete and return to teacher.**

**Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Student Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Student Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Homeroom (1st period) Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent/Guardian Name (Primary Contact): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent/Guardian Name (Alternate Contact): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**By signing below I acknowledge my awareness of HRMS dance class rules, expectations and discipline policies. I understand my/my child’s level of success in the class directly depends on my/my child’s ability and willingness to fulfill these expectations.**

**Print Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Print Parent/Guardian Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**